March 2018 ~ Breakfast Menu Hermon Middle School

Menu Subject to Change

М	ONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
of 1% or fat fre	served with a choice ee chocolate milk. of cereal daily.		11 11 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1		Breakfast Prices: • Full pay \$1.25 • Snack milk .50
5		6	7	8	9
	rfast muffin Fruit	Bagel Cream cheese	Donut Fruit	Yogurt cup, bug bites Fruit	Breakfast bar Fruit
	fruit juice	Fruit	100% fruit juice	100% fruit juice	100% fruit juice
10070	Milk	100% fruit juice Milk	Milk	Milk	Milk
12		13	14	15	16
100%	ofast muffin Fruit fruit juice Milk	Breakfast bread Fruit 100% fruit juice Milk	Donut Fruit 100% fruit juice Milk	Cinnamon Roll Fruit 100%fruit juice Milk	Yogurt cup, bug bites Fruit 100% fruit juice Milk
19		20	21	22	23
Break	ofast muffin Fruit fruit juice Milk	Cinnamon Roll Fruit 100%fruit juice Milk	Donut Fruit 100% fruit juice Milk	Yogurt cup, bug bites Fruit 100% fruit juice Milk	Bagel Cream cheese Fruit 100% fruit juice Milk
26		27	28	1	2
	fast muffin	Bagel	Donut	Yogurt cup, bug bites	Breakfast bar
	Fruit	Cream cheese	Fruit	Fruit	Fruit
	fruit juice Milk	Fruit 100% fruit juice Milk	100% fruit juice Milk	100% fruit juice Milk	100% fruit juice Milk

Contact Emily A Nicholas, Food Service Director, for questions or concerns at 207-848-4023 or e-mail Nicholase@hermon.net
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