
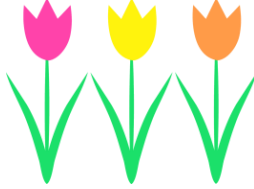




March 2018 ~ Lunch Menu Hermon Middle School

Menu Subject to Change

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	All meals are served with a choice of 1% or fat free chocolate milk. A selection of additional fruits and vegetables are available at the salad bar every day.				Lunch Prices: <ul style="list-style-type: none"> Full pay \$2.75 Reduced pay .40 Snack milk .50
<u>Weekly Second Choice</u>	5	6	7	8	9
Cheeseburger w/ Fries Cheese Breadsticks Or Chicken Burger	Cheeseburger w/ Fries Carrots, Fruit, milk	French Bread Pizza Peas and Corn, Fruit, Milk	Chicken Nuggets, French Toast Potato puffs, Fruit, milk	Turkey & Gravy Mashed potato WW Roll Fruit, Milk	Pulled Pork sandwich w/ sunchips Black beans, Fruit, Milk
<u>Weekly Second Choice</u>	12	13	14	15	16
Hot dogs on a bun Cheese Burger Or Mac & Cheese	Hot dogs on a bun Baked beans Fruit, milk	Stuffed Crust pizza Winter Squash, Fruit, milk	Chicken Nuggets, waffles Potato Puff Fruit, Milk	Chop Suey w/ a Roll Green Beans, Fruit, Milk	Chicken Stir Fry with Rice Fruit, Milk
<u>Weekly Second Choice</u>	19	20	21	22	23
Ham, egg, and cheese on a croissant Spicy Chicken burger Or Grilled Cheese	Ham, egg, and cheese on a croissant Potato Wedges, Fruit, Milk	Uno's Cheese or Cheeseburger Pizza Roasted Broccoli, Fruit, Milk	Chicken Nuggets, Waffle Potato puffs Fruit, milk	Taco Bowl Black Beans, Corn, Fruit, Milk	Oven Baked Chicken Mashed potato WW Roll Fruit, Milk
<u>Weekly Second Choice</u>	26	27	28	29	30
Hotdog Or Quesadilla	Cheese Stuffed Shells Bread stick Three bean salad Fruit, Milk	Homemade Pizza Caesar salad, Fruit, Milk	Chicken Nugget, French toast sticks Potato Puff, Fruit, Milk	Pancake, Sausage, Scrambled eggs Hashbrown, Fruit, Milk	Fish Sticks w/ Roll Fries, Fruit, Milk

Contact Emily A Nicholas, Food Service Director, for questions or concerns at 207-848-4023 or e-mail Nicholase@hermon.net This institution is an equal opportunity provider.