Tryout/Practice Schedule: Fall HMS Athletics 2018

9/6 Field Hockey 3-5 at HES Bus at 2:30

9/6 Cross Country at HMS 2:30-3:45

9/7 Girls Soccer at HES 3-5 Bus at 2:30

9/10 Boys Soccer at HES 4-6 Bus at 2:30

All participants are responsible for securing their own transportation home at the conclusion of tryouts/practice.

**REGISTRATION:** We are using Rank One Sports for online registration. All Fall Athletes must register. The registration instructions can be found at the bottom of the Athletic Website homepage at hms.hermon.net. All Athletes must have a current physical on file prior to participation.

## New APP

The athletics department has launched a new app. The app is called Hermon Sports. You can download the app from the app store or google play.

## Online Store

There is also a new online store. You can purchase as few or as many items as you would like and have them personalized any way. The site includes all clubs and teams as well as an option for staff. The link to the store is:

<u>sideline.bsnsports.com/schools/maine/hermon/hermon-high-school</u>

Athletic Director - Rick Sinclair at 848-4062 or e-mail <u>sinclairr@hermon.net</u> Please visit with website for further information (hermonms.org - programs, athletics tab).

Boys Soccer - Jay Applebee

Girls Soccer - Mike Saulter and Liza Muth

Field Hockey - Andrea Lee

Cross Country - Charles Colson