

## October 2018 ~ Breakfast Menu Hermon Middle School

Menu Subject to Change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>All meals are served with a choice of 1% or fat free chocolate milk. A variety of cereal and fruit daily.</p>				<p><b>Breakfast Prices:</b></p> <ul style="list-style-type: none"> <li>• Full pay \$1.25</li> <li>• Snack milk .50</li> </ul>
1	2	3	4	5
Bagel Cream cheese Fruit 100% fruit juice Milk	Breakfast bread Fruit 100% fruit juice Milk	Donut Fruit 100% fruit juice Milk	Yogurt cup, bug bites Fruit 100% fruit juice	No School
8	9	10	11	12
No School	Bagel Cream cheese Fruit 100% fruit juice Milk	Donut Fruit 100% fruit juice Milk	Honey Buns Fruit 100%fruit juice Milk	Yogurt cup, bug bites Fruit 100% fruit juice
15	16	17	18	19
Yogurt cup, bug bites Fruit 100% fruit juice	Breakfast bread Fruit 100% fruit juice Milk	Donut Fruit 100% fruit juice Milk	Honey Buns Fruit 100%fruit juice Milk	Breakfast muffin Fruit 100% fruit juice Milk
22	23	24	25	26
Breakfast muffin Fruit 100% fruit juice Milk	Bagel Cream cheese Fruit 100% fruit juice Milk	Donut Fruit 100% fruit juice Milk	Breakfast bread Fruit 100% fruit juice Milk	Honey Buns Fruit 100%fruit juice Milk
29	30	31	1	2
Breakfast bread Fruit 100% fruit juice Milk	Yogurt cup, bug bites Fruit 100% fruit juice	Donut Fruit 100% fruit juice Milk	Breakfast muffin Fruit 100% fruit juice Milk	Bagel Cream cheese Fruit 100% fruit juice Milk

Contact Emily A Nicholas, Food Service Director, for questions or concerns at 207-848-4023 or e-mail [Emily.nicholas@schools.hermon.net](mailto:Emily.nicholas@schools.hermon.net) This institution is an equal opportunity provider.