

October 2018 ~ Lunch Menu Hermon Middle School

Menu Subject to Change

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	All meals are served with a choice of 1% or fat free chocolate milk. A selection of additional fruits and vegetables are available at the salad bar every day.				Lunch Prices: • Full pay \$2.75 • Reduced pay .40 • Snack milk .50
	1	2	3	4	5
<u>Weekly Second Choice</u> Mon-teriyaki chicken dippers Tues- BBQ chicken on biscuit Wed- Hamburger Thurs- grilled cheese	Beef Chili w/ Cornbread Peas Fruit, Milk	Pizza Caesar salad, fruit milk	Chicken nuggets, mashed potato Dinner roll, Carrots Fruit, Milk	Sloppy Joes Onion Rings Broccoli Fruit, Milk	Inservice Day
	8	9	10	11	12
<u>Weekly Second Choice</u> Tues- Spicy chicken burger Wed- Corn dog Thurs- Fish Burger Fri- breakfast sandwich	No School	Cheese filled breadsticks w/marinara Spinach salad, Fruit, milk	Chicken nuggets, waffles Seasoned Potato Wedges Fruit, Milk	Chicken Alfredo w/pasta, breadstick Broccoli, Fruit, milk	Buffalo Chicken Mac & cheese Caesar Salad Fruit, Milk
	15	16	17	18	19
<u>Weekly Second Choice</u> Mon- Meatball Sub Tue- Cheeseburger Wed- Steak & cheese sub Thurs- BBQ Chicken burger Friday- Grilled cheese	Chicken Tenders w/ Fries, roll Fruit Salad, Milk	Pizza Black bean and corn salad, fruit, milk	Chicken nuggets, French Toast Potato puffs, Fruit, Milk	Lasagna w/ Breadstick Garden Salad Fruit, Milk	Sweet & Sour chicken Green Beans Fruit, Milk
	22	23	24	25	26
<u>Weekly Second Choice</u> Mon- hamburger Tue- hotdog Wed- parm chicken sand. Thurs- turkey sandwich Friday- sloppy joes	Popcorn Chicken Mashed potato, Corn Biscuit, fruit, milk	Pizza Caesar salad, fruit milk	Chicken nuggets, waffles Potato puffs, Fruit, Milk	Cheeseburger sub Baked beans, fruit, milk	Spaghetti & Meatballs w/ Breadstick Carrots Fruit, Milk
	29	30	31	1	2
<u>Weekly Second Choice</u> Mon-Spicy Burger Tue- meatball sub Wed- bacon cheeseburger Thurs- corndog Fri- breakfast sandwich	Pulled Pork, Fries Cole Slaw, fruit milk	Pasta & Meat sauce Peas, Breadstick fruit, milk	Chicken nuggets, French Toast Potato puffs, Fruit, Milk	Turkey and Gravy, Mashed Potato, Roll Seasoned carrots fruit, milk	Oven Baked BBQ Chicken, Buttered noodles Roll, Green Beans fruit, milk

Contact Emily A Nicholas, Food Service Director, for questions or concerns at e-mail emily.nicholas@schools.hermon.net This institution is an equal opportunity provider.